

ZOe Pediatrics Newsletter

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Your Child doesn't have to be Sick to Get Better!

History of Pediatrics

Stephanie H. Kong, M.D., Pediatrician

A Pediatrician literally means: "healer of children". Believing that children do not have to be sick to get better, we specialize in the care of children and their illnesses from birth to nineteen years.

Even though Abraham Jacobi (1830–1919) is commonly regarded as the father of modern pediatrics, about two thousand years ago, Celsus, a Greek scholar, who recognized that the body and mind of children is substantially different from adults, wrote what has become the cornerstone of pediatrics: "*Ex toto non sic pueri ut viri curari debent*". In medicine, children should not be treated the same as adults.

A thousand years later, the first textbook on pediatrics was published in Turkey. *It took another 500 years for the first children's hospital to open its doors in France (Hôpital des Enfants Malades) that evolved into the pediatric division of the Necker-Enfants Malades Hospital in 1920. The concept eventually migrated to the USA with the opening of Children's Hospital of Philadelphia in 1924.*

A major concern for pediatricians is that children cannot make medical decisions for themselves. Issues relating to privacy, legal responsibility and informed consent must always be considered in every encounter.

A sea change has taken place in pediatrics in just ten years. In the old days, parents waited until sickness struck before seeking medical care. Learning that most of the maladies that affect children could be prevented, we are now more oriented to promoting health than treating disease. However, when a child is sick, we are focused on making

FEEDBACK:

Dear Dr. Kong: I am grateful to God that he sent us to y'all years ago. Thanks to you and your staff we have overcome some challenges and our kids are doing just great. *Jessica Mactzggart*

Inactive Medicaid?

Ms. Lawanda Williams previously worked for the Department of Family Children Services and now works full time at ZOe to assist our patients with their Medicaid coverage. You can either reapply at: www.compass.gov, through your local DFACS office or the RSM line at: 1-800-809-7276. This process can take up to 45 days.

DO NOT SUBMIT MULTIPLE APPLICATIONS AS THIS WILL CAUSE A DELAY IN YOU RECEIVING BENEFITS. If you need assistance, please call Ms. Williams: (706) 938-0990.

Insurance we accept

Aetna
Alabama Medicaid
Amerigroup-Medicaid
Blue Cross Blue Shield (PPO, POS, HMO)
Cigna
Coventry
Georgia Medicaid
NaviNet

Call For An Appointment!!!

September Events

B. Wayne Kong, Ph.D., JD.



September starts out with a bang as we celebrate “Labor Day” on Monday, September 1, dedicated to the social and economic achievements of American workers---a yearly national tribute to the contributions workers have made to the strength, prosperity, and well-being of our country!

It always reminds me of the wonderful hymn:

*We plough the fields and scatter
the good seed on the land,
but it is fed and watered
by God's almighty hand:
you send the snow in winter,
the warmth to swell the grain,
the breezes and the sunshine,
and soft refreshing rain.*



*All good gifts around us
are sent from heaven above;
we thank you Lord for all your love.*

Then comes “Patriot’s Day”. On September 11, 2001, three thousand innocent men, women, and children lost their lives in attacks meant to terrorize our Nation. According to President George Bush, “Let us also live up to the selfless example of the heroes who gave of themselves in the face of such great evil.”

On September 21, we celebrate “International Day of Peace”. The day is dedicated to world peace, and specifically the absence of war and violence. Wouldn’t it be nice? According to Kofi Annan, “There is no trust more sacred than the one the world holds with children. There is no duty more important than ensuring that their rights are respected, that their welfare is protected, that their lives are free from fear and want and that they grow up in peace.”

Kids With Special Needs

Bande Virgil, M.D., Pediatrician

“Special needs” is an umbrella term describing a wide range of diagnoses including autism, Down syndrome, dyslexia, blindness, ADHD, cystic fibrosis, developmental delays, cognitive impairment and food allergies, missing limbs and various psychiatric disorders. Each requires special interventions. A child with special needs, for one reason or other, is not keeping up with other children in their age group. Whether at home, school or in general, it speaks to the degree to which the child is not able to function “normally”.

Each child with special needs will require special strategies to help them learn. In most cases children can achieve desired educational pursuits once we find the key. While family support is the most crucial variable, at ZOe, because of our close monitoring of how each child is coping, growing and developing, we can partner with parents and recommend early intervention tailored to help each child so they can reach their highest potential. We help parents to understand the range of possible outcomes and treatment options. Without a doubt, expending the effort and resources early will save a lot of frustration, time and resources later. If your child is unable to manage himself, he or she will need a smaller class or even individual therapy to cope and progress.

In addition to our finger prints and our DNA, there are lots of elements that make us unique. This is particularly true for special needs children. One size will not fit all as we find that each is unique and their characteristics varied. Even when they

